

Christian Meditation in Cumbria
The Wayless Way of Meister Eckhart

Anthony Finnerty

29 - 31 March 2019

Monastery of Our Lady of Hynning, Nr. Carnforth, LA5 9SE

A Retreat for all who practise Christian meditation or other forms of contemplative prayer

The weekend will include a general introduction to some of the key themes of Eckhart's mystical teaching and opportunity to explore the paradoxical silence he promotes. This will be a time for meditation woven in alongside presentations and discussion.

Anthony is a Chairman of the Eckhart Society and regularly leads meditation days and retreats.

Hynning Monastery is situated on the Lancashire / Cumbria border, in the north west of England. It is an area renowned for its natural beauty. It is the home of the Bernardines of Esquermes, an order of Cistercian nuns.

Cost: £130 (Low wage/concession rate £100: please just ask if this helps)

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Christian Meditation in Cumbria is part of the World Community for Christian Meditation.

